



SUMMIT AREA YMCA 2022-2023 SCHOOL YEAR JULY THRU JUNE

BUILDING HEALTHY HABITS

FREE 7TH GRADE MEMBERSHIP



Through our commitment to supporting our youth in make good decisions and form habits that lead to a healthy lifestyle, the Summit Area YMCA offers **FREE MEMBERSHIPS TO ALL 7TH GRADERS** in our service area during their school year.

www.thesay.org/7GM

BENEFITS:

- ✓ Keep teens active and engaged
- ✓ Increase physical and mental wellness
- ✓ Develop healthy exercise habits including safety and proper technique
- ✓ Socialize with peers in a safe, supervised environment
- ✓ Encourage involvement in community events and volunteer projects

REQUIREMENTS:

- ✓ Is a 7th grade student in 2022-2023 school year
- ✓ Lives or attends school in Berkeley Heights, Gillette, Millburn, New Providence, Short Hills, Springfield, Stirling & Summit
- ✓ Completes YMCA safety and introduction to fitness demos within one month of sign up
- ✓ Attends mandatory parent/child virtual orientation
- ✓ Agrees to abide by YMCA Code of Conduct

INCLUDES:

- ✓ Access to Berkeley Heights YMCA & Summit YMCA from July 1, 2022 - June 30, 2023
- ✓ Use of Teen Center, Fitness Center, Open Gym, Group Exercise Classes & Indoor Pools
- ✓ Special events & recreational activities exclusive to program participants
- ✓ Reduced member pricing for Y Programs

SCAN ME



REGISTRATION
STARTS
JUNE 15