



GOVERNOR LIVINGSTON HIGH SCHOOL

DEPT of HEALTH and PHYSICAL EDUCATION

### **Physical Education Grading Rubric**

Physical Education grades are recorded on a weekly basis after an introductory period for each course. Normally seven grades are recorded each marking period leading to a final grade for the marking period.

The base (average) grade for each week is an 85. This grade is received each week by being dressed for class each day, giving an acceptable level of effort and focus on both exercises and the activity, following the basic rules of the activity, and showing an acceptable level of sportsmanship.

A student's grade may be raised on each day from 1-5 points based on the following criteria:

- 1- A high level of participation
- 2- Demonstration of leadership and good sportsmanship (including, but not limited to assisting other students in an activity)
- 3- Excellent focus on techniques of sport skills and fitness development
- 4- A demonstration of excellent knowledge of the rules /concepts of the activity

A student's grade may be deducted each day from 1-25 points based on the following criteria:

25 points for being unprepared for the day

1-10 points for any or several of the following depending on the severity:

- 1- Unacceptable level of participation
- 2- Minor dress violations
- 3- Poor sportsmanship
- 4- Failure to follow game/activity rules or procedures
- 5- Failure to execute proper effort and technique in the stretching /exercise segment of class