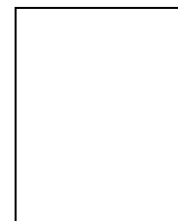


**Berkeley Heights Public Schools  
Berkeley Heights, NJ**

**Medication Authorization Form/Allergy Action Plan  
School Nurse Order**



Student's Name \_\_\_\_\_ D.O.B \_\_\_\_\_ Teacher \_\_\_\_\_

ALLERGY TO: \_\_\_\_\_

Asthmatic Yes  No

**\*STEP 1: TREATMENT\***

<u>Symptoms:</u>	<u>Give Checked Medication**:</u>	
	**(To be determined by physician authorizing treatment)	
• If a food allergen has been ingested, but <i>no symptoms</i>	Epinephrine	Antihistamine
• Mouth Itching, tingling, or swelling of lips, tongue, mouth	Epinephrine	Antihistamine
• Skin Hives, itchy rash, swelling of the face or extremities	Epinephrine	Antihistamine
• Gut Nausea, abdominal cramps, vomiting, diarrhea	Epinephrine	Antihistamine
• Throat+ Tightening of throat, hoarseness, hacking cough	Epinephrine	Antihistamine
• Lung+ Shortness of breath, repetitive coughing, wheezing	Epinephrine	Antihistamine
• Heart+ Thready pulse, low B/P, fainting, pale, cyanosis	Epinephrine	Antihistamine
• Other+ _____	Epinephrine	Antihistamine
• If reaction is progressing (several of the above areas affected)	Epinephrine	Antihistamine

+The severity of symptoms can quickly change. + **Potentially life-threatening**

**DOSAGE**

**Epinephrine:** inject intramuscularly (circle one) EpiPen EpiPen Jr. Twinject 0.3mg. Twinject 0.15mg

**Antihistamine:** give \_\_\_\_\_  
Medication/dose/route

**Other:** give \_\_\_\_\_  
Medication/dose/route

**IMPORTANT:** Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.

**\*STEP 2: EMERGENCY CALLS\***

1. Call 911. State that an allergic reaction has been treated, and additional epinephrine may be needed.

2. Dr. \_\_\_\_\_ Phone number \_\_\_\_\_

3. Parent (home) \_\_\_\_\_ (cell) \_\_\_\_\_

4. Emergency Contacts:

Name and relationship Phone numbers

a. \_\_\_\_\_ (1) \_\_\_\_\_ (2) \_\_\_\_\_

b. \_\_\_\_\_ (1) \_\_\_\_\_ (2) \_\_\_\_\_

**\*\* EVEN IF PARENT/GUARDIAN CANNOT BE REACHED, IMMEDIATELY TRANSPORT TO MEDICAL FACILITY!\*\*\***

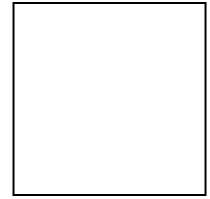
Parent/Guardians Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor/Nurse Practitioner Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician Stamp \_\_\_\_\_

School Nurse Reviewed \_\_\_\_\_ Date \_\_\_\_\_

Berkeley Heights Public Schools  
Berkeley Heights, NJ



**Medication Authorization Form Allergy/Action Plan**  
**Designee order**

Student's Name \_\_\_\_\_ D.O.B \_\_\_\_\_ Teacher \_\_\_\_\_

**ALLERGY TO:** \_\_\_\_\_

Child's photo

Asthmatic Yes  No

**STEP 1:**

**In the event of contact to/ingestion of an allergen or insect sting/bite *immediately* administer:**

**Epinephrine:** inject (circle one)      EpiPen (0.3 mg.)      EpiPen Jr.(0.15 mg)

**STEP 2:**

**Emergency calls**

1. Call 911. State that an allergic reaction has been treated, and additional epinephrine may be needed.
2. Dr. \_\_\_\_\_ Phone number \_\_\_\_\_
3. Parent (home) \_\_\_\_\_ (cell) \_\_\_\_\_
4. Emergency Contacts:  
Name and relationship      Phone numbers

\_\_\_\_\_ (1) \_\_\_\_\_ (2) \_\_\_\_\_

\_\_\_\_\_ (1) \_\_\_\_\_ (2) \_\_\_\_\_

**EVEN IF PARENT/GUARDIAN CANNOT BE REACHED, IMMEDIATELY CALL 911 AND TRANSPORT TO MEDICAL FACILITY!**

Parent/Guardians Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor/Nurse Practitioner Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician Stamp \_\_\_\_\_

School Nurse Reviewed \_\_\_\_\_

**Berkeley Heights Public Schools**  
**Berkeley Heights, NJ**

**Student Allergy Information Sheet**

**Student's Name** \_\_\_\_\_ **D.O.B** \_\_\_\_\_ **Teacher** \_\_\_\_\_

Please complete this form and return to school health office so that your child's health and allergy information is current.

**Indicate allergies:**

\_\_\_ Insect stings (type): \_\_\_\_\_

\_\_\_ Food (type): \_\_\_\_\_

\_\_\_ Animals (type): \_\_\_\_\_

\_\_\_ Drugs (list): \_\_\_\_\_

\_\_\_ Other (list): \_\_\_\_\_

**List symptoms:**

\_\_\_ difficulty breathing    \_\_\_ coughing    \_\_\_ wheezing    \_\_\_

\_\_\_ difficulty swallowing    \_\_\_ vomiting

\_\_\_ loss of consciousness

\_\_\_ swelling    Severity \_\_\_\_\_    location \_\_\_\_\_    hives \_\_\_\_\_

Other symptoms \_\_\_\_\_

Date of most recent allergic reaction. \_\_\_\_\_

Has hospitalization or emergency room care been needed in the past year for allergies?

\_\_\_ No    \_\_\_ Yes

Date/details/medication required:

\_\_\_\_\_

\_\_\_\_\_

Are there any other changes in your child's health since last September?

\_\_\_\_\_

**\*\*\*Please contact the school nurse with information related to changes in your child's condition changes during the school year. \*\*\***

Parent/Guardians Signature \_\_\_\_\_ Date \_\_\_\_\_