

BERKELEY HEIGHTS PAL SPRING BASEBALL 2010
First/Second Grade League

BATTER UP!

This year, the Berkeley Heights PAL is pleased to offer the following program to Berkeley Heights boys and girls:

Coaches will pitch to the batters. 2 coaches are allowed on the field to instruct the fielders while the teams are in the field. Scores and Standings are not kept. All children must play rule, practices will start April 12th and games will start April 26th. Season will end June 11. PAL provides team hat, shirt, pants and socks; rubber cleats are recommended but not mandatory.

Cost: Cost is \$75.00 to participate

Registration is ongoing by logging onto www.bhpal.org.

Due Date: Registration must be completed on line no later than Sunday, February 28th. A late fee of \$25 will be charged to families who do not register on time!

Uniform: Players will be issued a team hat, shirt and baseball pants; rubber cleats are recommended for this age group, but are optional.

Practices and games are usually held one to two nights during the week beginning promptly at 6pm. Practices begin the weeks of April 12th and games will start the week of April 26th and season will complete on June 11th.

The **Annual Baseball Parade** is scheduled for Saturday, April 17th with a rain date of Sunday, April 18th. Players should arrive in uniform (no cleats) at the Columbia Middle School parking lot by 11:30am. The parade to Memorial Field begins at 11:45; refreshments will be served afterward.

The **BH Memorial Day Parade** is on Monday, May 29th beginning at 9am. Players should arrive in uniform (no cleats) at the BH Community Pool parking lot by 8:45am.

COACHES CORNER

**** All coaches must submit to a background check prior to the beginning of the season *****

*****Please indicate on your registration form your desire to be an assistant or head coach*****

**** The Rutgers Safety Clinic** will be held on the night of February 25th. This clinic is mandatory for all PAL coaches who have not already attended. To register call the BH Recreation Department at 464-0550, they will be able to give time and location.

**** A coaches clinic** run by Chris Roof and his GL Varsity baseball squad will be held on Thursday, March 30th in the GL *blue* gym from 7pm-9pm. All head and assistant coaches are required to attend

QUESTIONS?

Baseball Commissioner: Mike Cranston (464-4458) or mcranston@bhpal.org

BERKELEY HEIGHTS PAL SPRING BASEBALL 2010

T-Ball Kindergarten League

BATTER UP!

This year, the Berkeley Heights PAL is pleased to offer the following new program to Berkeley Heights boys and girls:

Kindergarten T-Ball is an entry level batting tee league where fundamentals, safety and fun are emphasized. Score and standings are not kept. Coaches will be on the field to instruct. Teams will be divided into groups of 10-12 kids. Safety baseballs will be used. Players will be provided with Tee-Shirt. Cleats not required. Sessions will be 6:00-7:15PM and will be 1-2 nights per week from April 19- June 11

Cost: Cost is \$60.00 to participate

Registration is ongoing by logging onto www.bhpal.org.

Due Date: Registration must be completed on line no later than Sunday, February 28th. A late fee of \$25 will be charged to families who do not register on time!

Uniform: Players will be issued a team hat and shirt; rubber cleats are not recommended for this age group, but are optional.

Practices and games are usually held one to two nights during the week beginning promptly at 6pm and will complete at 7:15PM. Sessions begin the weeks of April 19th and will run until the week of June 11th.

The **Annual Baseball Parade** is scheduled for Saturday, April 17th with a rain date of Sunday, April 18th. Players should arrive in uniform (no cleats) at the Columbia Middle School parking lot by 11:30am. The parade to Memorial Field begins at 11:45; refreshments will be served afterward.

The **BH Memorial Day Parade** is on Monday, May 29th beginning at 9am. Players should arrive in uniform (no cleats) at the BH Community Pool parking lot by 8:45am.

COACHES CORNER

** All coaches must submit to a background check prior to the beginning of the season

** The **Rutgers Safety Clinic** will be held on the night of February 25th. This clinic is mandatory for all PAL coaches who have not already attended. To register call the BH Recreation Department at 464-0550, they will be able to give time and location.

** A **coaches clinic** run by Chris Roof and his GL Varsity baseball squad will be held on Thursday, March 30th in the GL *blue* gym from 7pm-9pm. All head and assistant coaches are *encouraged* to attend

QUESTIONS?

Baseball Commissioner: Mike Cranston (464-4458) or mcranston@bhpal.org